

This group is set up to talk about mental healthcare in Pakistan. PILL is multifaith and apolitical, and we request that members refrain from discussing personal views on religion, culture, and politics within this forum. The topics on this forum should be in line with PILL's objectives/vision and mission (<https://pill.org.pk/vision-mission/>). Please keep your conversations relevant to the topics and objectives stated in this group. Maintain polite etiquette in all interactions and be mindful of messaging outside of working hours. Let's foster a respectful and inclusive environment where everyone feels comfortable sharing and discussing mental healthcare-related matters in Pakistan.

Please remember that the information shared within this WhatsApp group should be treated with the utmost confidentiality. We're here to support one another, and respecting each other's privacy is paramount. Any information shared here (excluding publicly available content such as publications, advertisements/promotional flyers, press coverage, notifications, etc.), should not be disclosed to anyone outside this group without the express consent of the person who shared it. Information may be shared outside the group if there is a critical concern for someone's safety or well-being. In such cases, it's essential to prioritise the individual's health and safety over confidentiality.

Each group has an admin responsible for maintaining the group's decorum. Admins are here to remind members of the guidelines whenever necessary, and members are requested to remain respectful if the admin reminds them of the above.